



SPRD Youth Basketball Manual

1st-2nd Grade Basketball

1. ***** Coaches are responsible for officiating their own games**
2. Coaches with sufficient numbers of players will form 2 equal groups from their team. They will then play 2 separate 20 minute games with these two groups. The games will have 10 minute halves.
3. Ball is to be “checked” at the top of the key, outside the 3 point line, after every change of possession.
4. The ball must be passed in from the check. It cannot be dribbled or shot.
5. Due to the fact that the “checking-in” player cannot dribble or shoot, the defensive player guarding the player checking the ball at the top of the key must start below the free throw line, and allow space for this initial pass. The two players can intercept the pass to their players.
6. Defenders may only steal the ball on a pass. It cannot be stolen off the dribble or out of the hand.
7. Each player must receive equal playing time unless they are being held out for disciplinary reasons.
8. Fouls will be called. We will not keep track of fouls and there will be no limit; however it will be the coaches’ responsibility to control excessive fouling.
9. There will be no free throws for 1st-2nd Basketball. All fouls will result in the ball being checked at the top of the key.
10. If the ball goes out on the baseline, the ball is returned to play from the baseline. If the ball goes out from the sideline, it is returned to play from the top of the key.
11. Only man-to-man defenses. Try to discourage your players from “chasing” the ball. No double teams or traps allowed.

12. Traveling will be called. However, it will be the coaches/officials responsibility to help each player and encourage them to keep dribbling. Traveling calls will be made based on official's discretion.

13. Sisters Park and Recreation uses the following size balls for each division:

<u>Grade</u>	<u>Ball Size</u>
1 st -2 nd	Junior Size (27.5")

14. Court and rim height:

<u>Division</u>	<u>Court Size</u>
1 st -2 nd	reduced court size and rim height 7ft. (Portable hoop will rest on red volleyball sideline on each end of court).

15. Number of Players:

Teams will have 7-10 players on each team. Each player must play half of every game.

<u>Division</u>	<u>Game Size</u>	<u>Roster Size</u>
1 st -2 nd	3 v 3	7-10 players

16. Game Format:

Coaches with enough players will form 2 equal groups from their team. They will then play 2 separate 20 minute games with these two groups. There shall be a 10 minute break between halves. **No overtime for 1st -2nd graders.** The length of Sisters Park and Recreation games will be as follows:

Duration: 2 games, 20 minutes each, 10 minute halves, 5 minutes between games, running clock

17. One 30-second time out per half. (Clock stops during time out). Time outs do not carry over the second half.

18. Injured player – clock stops for 30 seconds, or as deemed necessary.

19. Players Equipment:

A player should not wear anything that might injure himself or herself or another player. For this reason, coaches inspect players and have them remove watches and jewelry. Non-marking shoes are recommended. T-shirts will be provided by Sisters Park and Recreation District.

20. Special Rules:

A clock will be running for time only.